



RATNAM INSTITUTE OF PHARMACY

(Approved by A.I.C.T.E. & P.C.I., New Delhi, Govt. of A.P., Affiliated to J.N.T. University, Anantapur.
Recognized u/s 2(f) of the UGC Act 1956, New Delhi)

2020-2021

S.No	Name of the capacity Development and Skills Enhancement Program	Date of Implementation
1	Three Days Program on "Stress Management"	14.12.2020 to 16.12.2020
2	A Five Day Program on "English for Carrier Development"	01.02.2021 to 5.02.2021
3	"Awareness Program on Health and Hygiene for Girls"	18.12.2020
4	A Two Day ICT Program on "Role of Ex-Pharma Software in Experimental Pharmacology"	07.12.2020 to 08.12.2020





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Date: 08.12.2020

CIRCULAR

This is to inform that the **Three Days Program on " Stress management"** for the benefits of Pharm.D students from 14.12.2020 to 16.12.2020. The students are requested to participate in the program. All HODs are instructed to depute one faculty from their department for smooth running of this program.

VENUE: Seminar Hall

TIMINGS: 11.00 AM to 01:00 PM

Date: 14.12.2020 to 16.12.2020




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Pidathapolur, Nellore Dt. 524 346

Copy to:

HOD of Pharmaceutics Dept.

HOD of Pharmaceutical Analysis Dept.

HOD of Pharmacology Dept.

HOD of Pharmacy practice.



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PROGRAM REPORT

Date: 17.12.2020

Name of the program : Three Days Program on " Stress Management"

Date : 14.12.2020 to 16.12.2020

Resource Person and Details:

Name : Mrs.P. Prabhavathi

Designation : Associate Professor, Department of Pharmaceutical Chemistry

Institute Name: Narayana Pharmacy college

Place : Chintareddy palem, SPSR Nellore

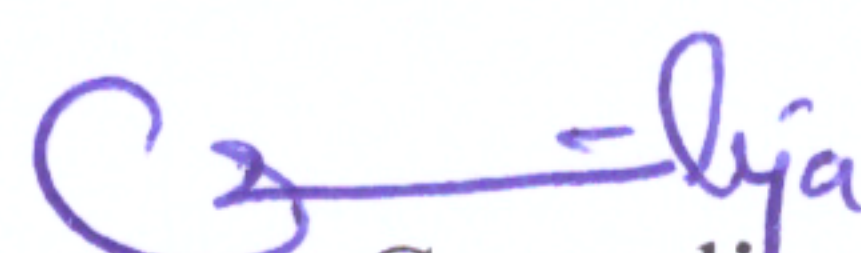
Contact No: 8897923914

Mail Id: prabhapellakuri@gmail.com

The Ratnam institute of pharmacy conducted a special section on Three Days Program on " **Stress Management** " in seminar hall from 08.12..2021 to 10.12.2021. This program was initiated by our principal Dr. M. Gobinath with a motivational speech.

On that session students learn Importance of Soft Skills simply mean to measure or determine a person's ability in a particular skill or field of knowledge. Stress is an adaptive response, mediated by individual differences and/or psychological processes that is a consequence of any external action, situation, or event that places excessive psychological and/or physical. Stress is an interaction between individuals and any source of demand (stressors) within their environment. Stress management offers a range of strategies to help better deal with stress and difficulty (adversity) in life. Managing stress can help to lead a more balanced, healthier life. Stress is an automatic physical, mental and emotional response to a challenging event.

The session ended with Vote of thanks by Program Co-ordinator.


Program Co-ordinator


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Pidathapolur, Nellore Dt.- 524 346

Pidathapolur Village & Post, MuthukurMandal, SPSR Nellore District – 524346. Andhrapradesh, India

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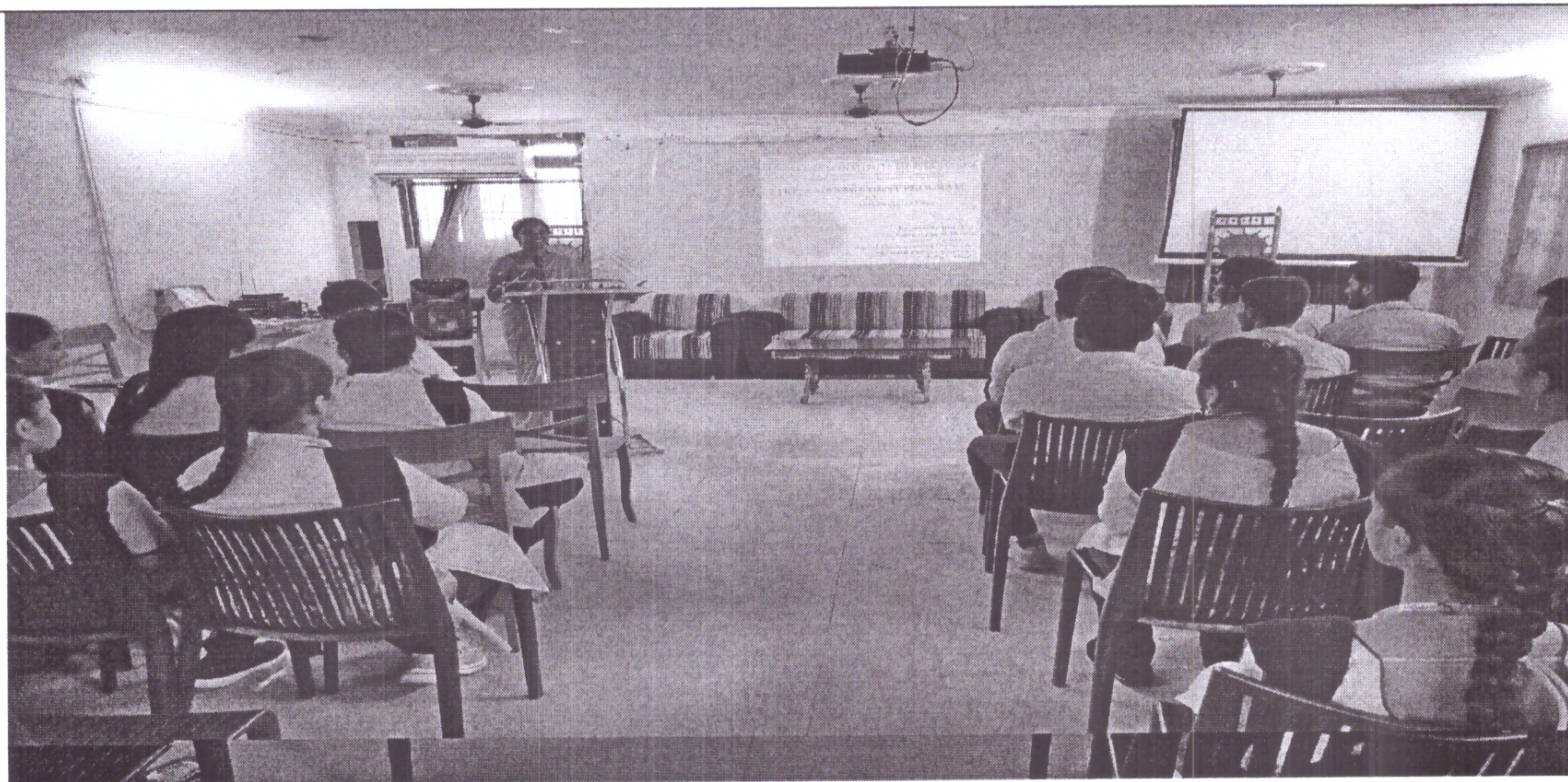


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Photos

Event
Pic-1



Photos

Event
Pic-2





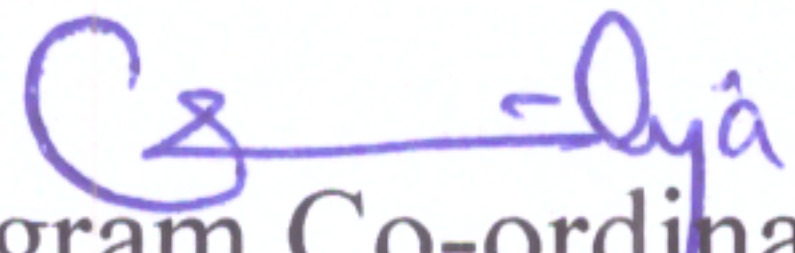
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Photos

Event
Pic-3




Program Co-ordinator



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List of Participants

Event Name: Three Days Program on " Stress Management "

Date : 14.12.2020 to 16.12.2020

Academic Year: 2020-2021

S.No	Regd. No	Name of the Student	Year & Sem	Signature		
				Day-1	Day-2	Day 3
1	17DM1T0001	Athipalli Gowthami	IV/VI Pharm.D	A. Gowthami	A. Gowthami	A. Gowthami
2	17DM1T0002	Avinash Rao K A	IV/VI Pharm.D	Avinash Rao	Avinash Rao	Avinash Rao
3	17DM1T0003	Avula Sindhuri	IV/VI Pharm.D	A. Sindhuri	A. Sindhuri	A. Sindhuri
4	17DM1T0004	Bodapathi Manusha Ramesh	IV/VI Pharm.D	B. M. Ramesh	B. M. Ramesh	B. M. Ramesh
5	17DM1T0005	Chillakuru Harini	IV/VI Pharm.D	C. Harini	C. Harini	C. Harini
6	17DM1T0006	Dharmavaram Naga Shireesha	IV/VI Pharm.D	D. Naga Shireesha	D. Naga Shireesha	D. Naga Shireesha
7	17DM1T0007	Dorri Ashok Kumar	IV/VI Pharm.D	D. Ashok	D. Ashok	D. Ashok
8	17DM1T0008	Ebenezer Santhosh M	IV/VI Pharm.D	Santhosh	Santhosh	Santhosh
9	17DM1T0009	Galla Jahnvi	IV/VI Pharm.D	G. Jahnvi	G. Jahnvi	G. Jahnvi
10	17DM1T0010	Gobinath Mirunalini	IV/VI Pharm.D	G. Mirunalini	G. Mirunalini	G. Mirunalini
11	17DM1T0011	Gotham Susrutha	IV/VI Pharm.D	G. Susrutha	G. Susrutha	G. Susrutha
12	17DM1T0012	Hetcha Guravaiah	IV/VI Pharm.D	H. Guravaiah	H. Guravaiah	H. Guravaiah
13	17DM1T0013	Jammala Penchalapreethi	IV/VI Pharm.D	J. P. Preethi	J. P. Preethi	J. P. Preethi
14	17DM1T0014	Kadiri Renuka	IV/VI Pharm.D	Renuka . K	Renuka . K	Renuka . K
15	17DM1T0015	Kanupuru Sai Tejaswi	IV/VI Pharm.D	K. Saitejaswi	K. Saitejaswi	K. Saitejaswi
16	17DM1T0016	Kariketi Manoj Kumar	IV/VI Pharm.D	K. Manoj	K. Manoj	Abseent
17	17DM1T0017	Kuntumalla Anusha	IV/VI Pharm.D	K. Anusha	K. Anusha	K. Anusha
18	17DM1T0018	Maddasani Bhanu Sree	IV/VI Pharm.D	M. Bhanu sree	M. Bhanu sree	M. Bhanu sree
19	17DM1T0019	Mahammad Shanofer Anjum	IV/VI Pharm.D	M. Shanofer	M. Shanofer	M. Shanofer
20	17DM1T0020	Mavuduru Jaswantha	IV/VI Pharm.D	M. Jaswantha	M. Jaswantha	M. Jaswantha
21	17DM1T0021	Moode Divya Sree	IV/VI Pharm.D	M. Divya sree	M. Divya sree	M. Divya sree
22	17DM1T0022	Moola Raja Rajeswari	IV/VI Pharm.D	M. Raja Rajeswari	M. Raja Rajeswari	M. Raja Rajeswari
23	17DM1T0023	Munagala Nithyasanthoshini	IV/VI Pharm.D	M. Nithya	M. Nithya	M. Nithya
24	17DM1T0024	R G Bhuvana	IV/VI Pharm.D	R.G. Bhuvana	R.G. Bhuvana	R.G. Bhuvana
25	17DM1T0025	Sumaya Shabrin Shaik	IV/VI Pharm.D	Sk. Sumaya	Sk. Sumaya	Sk. Sumaya
26	17DM1T0026	Syed Nida Firdose	IV/VI Pharm.D	Syed Nida	Syed Nida	Syed Nida
27	17DM1T0027	Vignesh L	IV/VI Pharm.D	Vignesh. L	Vignesh. L	Vignesh. L
28	17DM1T0028	Vutukuri Navya Madhuri	IV/VI Pharm.D	V. Navya Madhuri	V. Navya Madhuri	V. Navya Madhuri

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29	17DM1T0029	YakasiriSravani	IV/VI Pharm.D	Y. Sravani	Y. Sravani	Y. Sravani
30	17DM1T0030	YeturuAnjaniPriya	IV/VI Pharm.D	Y. Priya	Y. Priya	Y. Priya
31	18DM1T0001	Billa Jasper Wilson	III/VI Pharm.D	B. Wilson	B. Wilson	B. Wilson
32	18DM1T0002	ChillakuruVarshitha	III/VI Pharm.D	C. Varshitha	C. Varshitha	C. Varshitha
33	18DM1T0003	GonugoduguUday Kumar	III/VI Pharm.D	G. Uday Kumar	G. Uday Kumar	G. Uday Kumar
34	18DM1T0004	InnamalaSwetha	III/VI Pharm.D	I. Swetha	I. Swetha	I. Swetha
35	18DM1T0005	KatiboyinaAkhila	III/VI Pharm.D	K. Akhila	K. Akhila	K. Akhila
36	18DM1T0006	KoppoluGanaBhavani	III/VI Pharm.D	K. G. Bhavani	K. G. Bhavani	K. G. Bhavani
37	18DM1T0007	KorrapatiRajini Naidu	III/VI Pharm.D	K. Rajini	K. Rajini	K. Rajini
38	18DM1T0008	LokkuCharunya	III/VI Pharm.D	L. Charunya	L. Charunya	L. Charunya
39	18DM1T0009	MachirajuThulasi	III/VI Pharm.D	T. Thulasi	T. Thulasi	T. Thulasi
40	18DM1T0010	MarkapuramYasaswini	III/VI Pharm.D	M. Yasaswini	M. Yasaswini	M. Yasaswini
41	18DM1T0011	MarriSharmila	III/VI Pharm.D	M. Sharmila	M. Sharmila	M. Sharmila
42	18DM1T0012	Mohamed Harsath J	III/VI Pharm.D	M. Harsath J	M. Harsath J	M. Harsath J
43	18DM1T0013	Mohammed SanasafreenSiddiquaBanu	III/VI Pharm.D	M. Sanasafreen Siddiqua Banu	M. Sanasafreen Siddiqua Banu	M. Sanasafreen Siddiqua Banu
44	18DM1T0014	PallaHariBabu	III/VI Pharm.D	P. Hari	P. Hari	P. Hari
45	18DM1T0015	PeelamDeepthi	III/VI Pharm.D	P. Deepthi	P. Deepthi	P. Deepthi
46	18DM1T0016	R Yamuna	III/VI Pharm.D	R. Yamuna	R. Yamuna	R. Yamuna
47	18DM1T0017	RayapudiJohannan Immanuel	III/VI Pharm.D	R. Immanuel	R. Immanuel	R. Immanuel
48	18DM1T0018	ShaikAmeeramuskan	III/VI Pharm.D	S. Ameeramuskan	S. Ameeramuskan	S. Ameeramuskan
49	18DM1T0019	Shaik Asia Begum	III/VI Pharm.D	SK. Asia Begum	SK. Asia Begum	SK. Asia Begum
50	18DM1T0020	ShaikHarshiya	III/VI Pharm.D	SK. Harshiya	SK. Harshiya	SK. Harshiya
51	18DM1T0021	Tanjavuru Nanda Sreekar	III/VI Pharm.D	T. Nandul	T. Nandul	T. Nandul
52	18DM1T0022	ThatipalliSusmitha	III/VI Pharm.D	T. Susmitha	T. Susmitha	T. Susmitha
53	18DM1T0023	UppalaAnusha	III/VI Pharm.D	U. Anusha	Absent	U. Anusha
54	18DM1T0024	VettiAnu	III/VI Pharm.D	V. Anu	V. Anu	V. Anu
55	19DM1T0001	AkumallaAnjanadevi	II/ VI Pharm.D	Anjanadevi	Anja	Anja
56	19DM1T0002	BojjaPravallika	II/ VI Pharm.D	B. pravallika	B. pravallika	B. pravallika
57	19DM1T0003	DanyasiLaasya	II/ VI Pharm.D	D. Laasya	D. Laasya	D. Laasya
58	19DM1T0005	GuttiKeerthi	II/ VI Pharm.D	G. Keerthi	G. Keerthi	G. Keerthi
59	19DM1T0006	Ndla Vishnu priya	II/ VI Pharm.D	N. Vishnu	N. Vishnu	N. Vishnu
60	19DM1T0008	KadivellareddySaishivani	II/ VI Pharm.D	K. SAISHIVANI	K. SAISHIVANI	K. SAISHIVANI
61	19DM1T0009	KanchiNidhish	II/ VI Pharm.D	K. Nidhish	K. Nidhish	K. Nidhish
62	19DM1T0011	MaddalaSanthi	II/ VI Pharm.D	M. Santhi	M. Santhi	M. Santhi
63	19DM1T0012	MeejuriPallavi	II/ VI Pharm.D	Pallavi-M	Pallavi M	Pallavi M
64	19DM1T0013	ModepalliPoojitha	II/ VI Pharm.D	M. Poojitha	M. Poojitha	M. Poojitha

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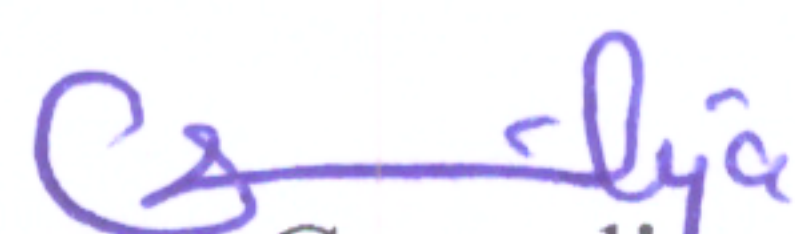
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65	19DM1T0014	Nasina Vaishnavi	II/ VI Pharm.D	N. Vaishnavi	- Absent -	N. Vaishnavi
66	19DM1T0015	Oduru Geethika	II/ VI Pharm.D	O. geethika	O. geethika	O. geethika
67	19DM1T0016	pasupuleti sadhana	II/ VI Pharm.D	P. sadhana	P. sadhana	P. sadhana
68	19DM1T0017	potluri vaasanthi	II/ VI Pharm.D	P. vaasanthi	P. vaasanthi	P. vaasanthi
69	19DM1T0018	Raju Divyasri	II/ VI Pharm.D	R. Divyasri	R. Divyasri	R. Divyasri
70	19DM1T0019	Ramapuram Harshitha	II/ VI Pharm.D	R. Harshitha	R. Harshitha	R. Harshitha
71	19DM1T0020	Rawala Ramyasai	II/ VI Pharm.D	R. Ramyasai	R. Ramyasai	R. Ramyasai
72	19DM1T0021	Shaik abdulrasheed	II/ VI Pharm.D	Sk. Abdulrasheed	Sk. Abdulrasheed	Sk. Abdulrasheed
73	19DM1T0022	Shaik Rehna	II/ VI Pharm.D	Sk. Rehna	Sk. Rehna	Sk. Rehna
74	19DM1T0023	Sugali Chanti naik	II/ VI Pharm.D	S. chantinai	S. chantinai	S. chantinai
75	19DM1T0024	Uppalapati Anusha	II/ VI Pharm.D	U. Anusha	U. Anusha	U. Anusha
76	19DM1T0025	Vadde Tulasinath	II/ VI Pharm.D	V. Tulasinath	V. Tulasinath	V. Tulasinath
77	19DM1T0026	Velampalli Jyothisree	II/ VI Pharm.D	V. Jyothisree	V. Jyothisree	V. Jyothisree
78	19DM1T0027	Yekollu Niharika	II/ VI Pharm.D	Y. Niharika	Y. Niharika	Y. Niharika


Program Co-ordinator



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DAY WISE PROGRAM SCHEDULE

Event Name: Three Days Program on " Stress Management"

Date : 14.12.2020 to 16.12.2020

S.NO	DAY & Date	Session	Time	Topic
1	DAY-1 14.12.2020	I	2.00-3.00 PM	Introduction to Stress and Sources of stress Stress and work Performance
		II	3.00 -4.00 PM	Cognitive appraisal of stress and Behavioural aspects of Stress
2	DAY-2 15.12.2020	I	2.00-3.00 PM	Stress Response and Impact of stress
		II	3.00 -4.00 PM	Behavioural aspects of Stress
3	DAY -3 16.12.2020	I	2.00-3.00 PM	Stress Reduction Techniques Stress Intervention
		II	3.00 -4.00 PM	Strategies of Stress Management


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Date: 25-01-2021

CIRCULAR

This is to inform the students that A **Five day** program on “**English for Carrier Development**” will be conducted for the benefit of the students to improve language and communication skills in **Ratnam Institute of Pharmacy, Nellore**. The students are requested to participate and enrol the names on or before 30/01/2021.

Venue: Seminar Hall

Date: 01/2/2021 & 05/2/2021

Timings: 10:00 AM to 11:00 AM

Copy to

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HOD of Pharmacology Dept.

HOD of Analysis Dept.

HOD of Pharmacy Practice Dept.




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SCHEDULE

Name of the programme: A Five day program on “English for Carrier Development”.

Date of the program: 01/2/2021 & 05/2/2021

Resource person:

Name: Mr. K. Shiva Prasad,
Designation: MA B.Ed, English,
Institution Name: Ratnam High School, Pidathapolur,
Contact Number: 8074858943
Email id: sivaprasad4811@gmail.com

Objectives of the program:

1. To produce effective communicators with strong linguistic skills, critical thinking ability.
2. To instill a growth mind set to contribute to shaping the future.
3. To identify the job strategies that matches the ideas & skills.
4. To improve the carrier prospect.
5. To empower the people to make good decisions in the corporate sector.

Day wise program schedule:

Day 1: Basic role of English in carrier development, different ways & strategies.

Day 2: Resume writing – basic methodologies & tips.

Day 3: Writing a cover letter – basic prerequisites.

Day 4: English Language --- Basic requisite for Job market.

Day 5: English Language --- Basic skill for interview handling.


Program Coordinator



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Name of the programme: A Five day program on “English for Carrier Development”.

Dates: 01/2/2021 & 05/2/2021

Academic Year- 2020-2021

PARTICIPANTS LIST

S. No.	Name of the student	Program	Year	Signature
1	Leburu Sneha	Pharm D	IVth Year	L. Sneha
2	Athipalli Gowthami	Pharm D	IVth Year	A. Gowthami
3	Avula Sindhuri	Pharm D	IVth Year	A. Sindhuri
4	Bodapathi Manusha Ramesh	Pharm D	IVth Year	B. Manusha
5	Chillakuru Harini	Pharm D	IVth Year	C. Harini
6	Dharmavaram Naga Shireesha	Pharm D	IVth Year	D. Shireesha
7	Dorri Ashok Kumar	Pharm D	IVth Year	Ashok Kumar
8	Galla Jahnavi	Pharm D	IVth Year	G. Jahnavi
9	Gobinath Mirunalini	Pharm D	IVth Year	G. Mirunalini
10	Gotham Susrutha	Pharm D	IVth Year	G. Susrutha
11	Hetcha Guravaiah	Pharm D	IVth Year	H. Guravaiah
12	Jammala Penchalapreethi	Pharm D	IVth Year	J. Penchala
13	Kadiri Renuka	Pharm D	IVth Year	K. Renuka
14	Kanupuru Sai Tejaswi	Pharm D	IVth Year	K. Sai Teja
15	Kariketi Manoj Kumar	Pharm D	IVth Year	Manoj Kumar
16	Moode Divya Sree	Pharm D	IVth Year	M. Divya Sree
17	Moola Raja Rajeswari	Pharm D	IVth Year	M. Raja Rajeswari
18	Munagala Nithyasanthoshini	Pharm D	IVth Year	M. Nithyasanthoshini
19	R G Bhuvana	Pharm D	IVth Year	R. G. Bhuvana
20	Sumaya Shabrin Shaik	Pharm D	IVth Year	Sumaya Shabrin
21	Vignesh L	Pharm D	IVth Year	Vignesh
22	Vutukuri Navya Madhuri	Pharm D	IVth Year	V. Madhuri
23	Yakasiri Sravani	Pharm D	IVth Year	Y. Sravani
24	Yeturu Anjani Priya	Pharm D	IVth Year	K. Anjani
25	Kanupuru Vyshnavi	B. Pharmacy	IIIrd Year	K. Vyshnavi
26	Amuluru Swathi	B. Pharmacy	IIIrd Year	A. Swathi
27	Bathala Vineela Sai	B. Pharmacy	IIIrd Year	B. Vineela Sai
28	Bathina Venkata Susmitha	B. Pharmacy	IIIrd Year	B. V. Susmitha
29	Biradawada Rekhasree	B. Pharmacy	IIIrd Year	B. Rekhasree
30	Bokkisam Ajithkumar	B. Pharmacy	IIIrd Year	Ajith Kumar

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31	Borra Sandhya	B. Pharmacy	IIIrd Year	B. Sandhya
32	Chinthapudi Roja	B. Pharmacy	IIIrd Year	D. Anusha
33	Dabbukottu Anusha	B. Pharmacy	IIIrd Year	D. Anusha
34	Damarapu Jyothsna	B. Pharmacy	IIIrd Year	D. Jyothsna
35	Dana Neehanika	B. Pharmacy	IIIrd Year	D. Neehanika
36	Dasari Deepika	B. Pharmacy	IIIrd Year	D. Deepika
37	Devarakonda Srikanth	B. Pharmacy	IIIrd Year	Srikanth
38	Gogula Alekhya	B. Pharmacy	IIIrd Year	G. Alekhya
39	Gonji Akhila	B. Pharmacy	IIIrd Year	Akhila
40	Gorantla Praneeth Kumar Reddy	B. Pharmacy	IIIrd Year	Praneeth
41	Gunduboina Sowmya	B. Pharmacy	IIIrd Year	G. Sowmya
42	Jampangi Preethi	B. Pharmacy	IIIrd Year	J. Preethi
43	Jangama Gayathri	B. Pharmacy	IIIrd Year	J. Gayathri
44	Kalluri Gowtham	B. Pharmacy	IIIrd Year	Gowtham
45	Kapuluri Yamini Yadav	B. Pharmacy	IIIrd Year	R. Yamini
46	Kavali Seyon	B. Pharmacy	IIIrd Year	K. Seyon
47	Koduru Sreemadhuri	B. Pharmacy	IIIrd Year	K. Sreemadhuri
48	Maila Kamakshi	B. Pharmacy	IIIrd Year	M. Kamakshi
49	Makani Venkatasaikishore	B. Pharmacy	IIIrd Year	Kishore
50	Manikala Pravallika	B. Pharmacy	IIIrd Year	M. Pravallika
51	Marella Lakshmi Yoga Deepika	B. Pharmacy	IIIrd Year	M. Lakshmi
52	Maruboina Haritha	B. Pharmacy	IIIrd Year	M. Haritha
53	Modiboina Gnanadeepika	B. Pharmacy	IIIrd Year	M. Deepika
54	Mogaligunta Navyalatha	B. Pharmacy	IIIrd Year	Navyalatha
55	Pesala Ashok Vara Prasad	B. Pharmacy	IIIrd Year	Ashok
56	Pillaveni Venkatasushma	B. Pharmacy	IIIrd Year	P. Venkatasushma
57	Polepalli Kalyani	B. Pharmacy	IIIrd Year	P. Kalyani
58	Popuri Bhavana	B. Pharmacy	IIIrd Year	P. Bhavana
59	Pralayakaveri Hariprasad	B. Pharmacy	IIIrd Year	P. Hariprasad
60	Pulisetty Rajeswari	B. Pharmacy	IIIrd Year	P. Rajeswari


Program Coordinator



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Name of the programme: A Five day program on “English for Carrier Development”.

Dates: 01/2/2021 & 05/2/2021

Academic Year- 2020-2021

Day Wise Attendance Sheet

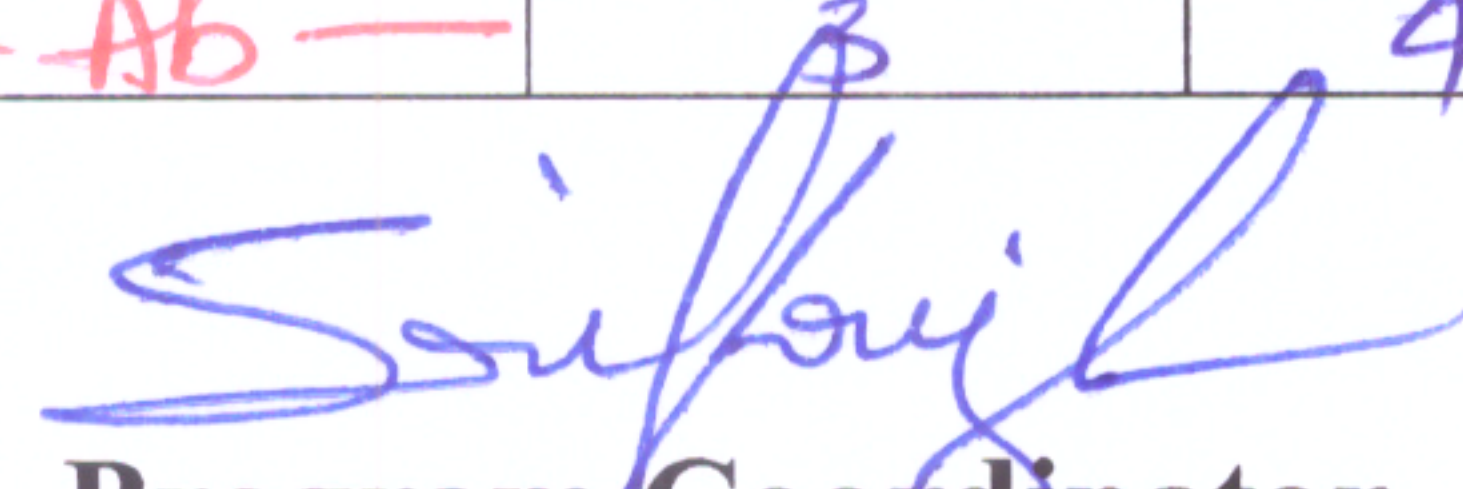
S. No.	Name of the student	Dates of the Program				
		01/02/2021	02/02/2021	03/02/2021	04/02/2021	05/02/2021
1	Leburu Sneha	1	2	3	4	5
2	Athipalli Gowthami	1	2	3	4	5
3	Avula Sindhuri	1	2	3	4	Ab
4	Bodapathi Manusha Ramesh	1	Ab	2	3	4
5	Chillakuru Harini	1	2	3	4	5
6	Dharmavaram Naga Shireesha	1	2	3	4	5
7	Dorri Ashok Kumar	1	2	3	4	5
8	Galla Jahnavi	1	2	3	4	5
9	Gobinath Mirunalini	1	2	Ab	3	4
10	Gotham Susrutha	1	2	3	4	5
11	Hetcha Guravaiah	Ab	1	2	3	4
12	Jammala Penchalapreethi	1	2	3	4	5
13	Kadiri Renuka	1	2	3	4	5
14	Kanupuru Sai Tejaswi	1	2	3	4	5
15	Kariketi Manoj Kumar	1	2	3	4	5
16	Moode Divya Sree	1	2	3	4	5
17	Moola Raja Rajeswari	1	2	3	4	5
18	Munagala Nithyasanthoshini	1	2	3	4	5
19	R G Bhuvana	1	2	3	4	5
20	Sumaya Shabrin Shaik	1	Ab	2	3	4
21	Vignesh L	1	2	3	4	5
22	Vutukuri Navya Madhuri	1	2	3	4	5
23	Yakasiri Sravani	1	2	3	4	5
24	Yeturu Anjani Priya	1	2	3	4	5
25	Kanupuru Vyshnavi	1	2	3	Ab	4
26	Amuluru Swathi	1	2	3	Ab	4
27	Bathala Vineela Sai	1	2	3	4	5
28	Bathina Venkata Susmitha	1	2	3	4	5
29	Biradawada Rekhasree	1	2	3	4	5
30	Bokkisam Ajithkumar	1	2	3	4	5
31	Borra Sandhya	1	2	3	4	5



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32	Chinthapudi Roja	1	2	3	4	5
33	Dabbukottu Anusha	1	2	3	4	5
34	Damarapu Jyothsna	1	Ab	2	3	4
35	Dana Neehanika	1	2	3	4	5
36	Dasari Deepika	1	2	3	4	5
37	Devarakonda Srikanth	1	2	3	4	5
38	Gogula Alekhya	1	2	3	4	5
39	Gonji Akhila	1	2	3	4	5
40	Gorantla Praneeth Kumar Reddy	1	2	3	4	Ab
41	Gunduboina Sowmya	1	2	3	4	5
42	Jampangi Preethi	1	2	3	4	5
43	Jangama Gayathri	1	2	3	4	5
44	Kalluri Gowtham	1	2	3	4	5
45	Kapuluri Yamini Yadav	1	2	3	4	5
46	Kavali Seyon	1	2	3	4	5
47	Koduru Sreemadhuri	1	2	3	Ab	4
48	Maila Kamakshi	1	2	3	4	5
49	Makani Venkatasaikishore	1	2	3	4	5
50	Manikala Pravallika	Ab	1	2	3	4
51	Marella Lakshmi Yoga Deepika	1	2	3	4	5
52	Maruboina Haritha	1	2	3	4	5
53	Modiboina Gnanadeepika	1	2	3	4	5
54	Mogaligunta Navyalatha	1	2	3	4	5
55	Pesala Ashok Vara Prasad	1	2	3	4	5
56	Pillaveni Venkatasushma	1	2	3	4	5
57	Polepalli Kalyani	1	2	3	4	5
58	Popuri Bhavana	1	2	3	4	5
59	Pralayakaveri Hariprasad	1	2	Ab	3	4
60	Pulisetty Rajeswari	1	2	Ab	3	4


Program Coordinator



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REPORT

Date: 08/02/2021

Name of the programme: A Five day program on “English for Carrier Development”.

Date of the program: 01/2/2021 & 05/2/2021

The Ratnam Institute of Pharmacy organized a training program in the Pharmacology Lab from 10:00 AM to 11:00 AM for the students of Pharm D IVth year & B. Pharmacy IIIrd year.

The training program started with addressing the gathering by Program Coordinator and welcome speech by Principal, followed by introducing the resource person **Mr. Shiva Kumar**.

Further the session started by explaining the basic need of English language. Being a universal language, it helps you in communicating with others with fluency and confidence. Along with this, it gives you an edge over competitors and helps you in growing in career. He explained different details to be enclosed in writing a resume like headline, summary, keywords, work experience & use of action verbs to complete a resume required for applying a job. He also briefly explained how to write a cover letter by including details like Vocabulary, highlights of skills, use of tenses, job specific cover letters based on level of formality.

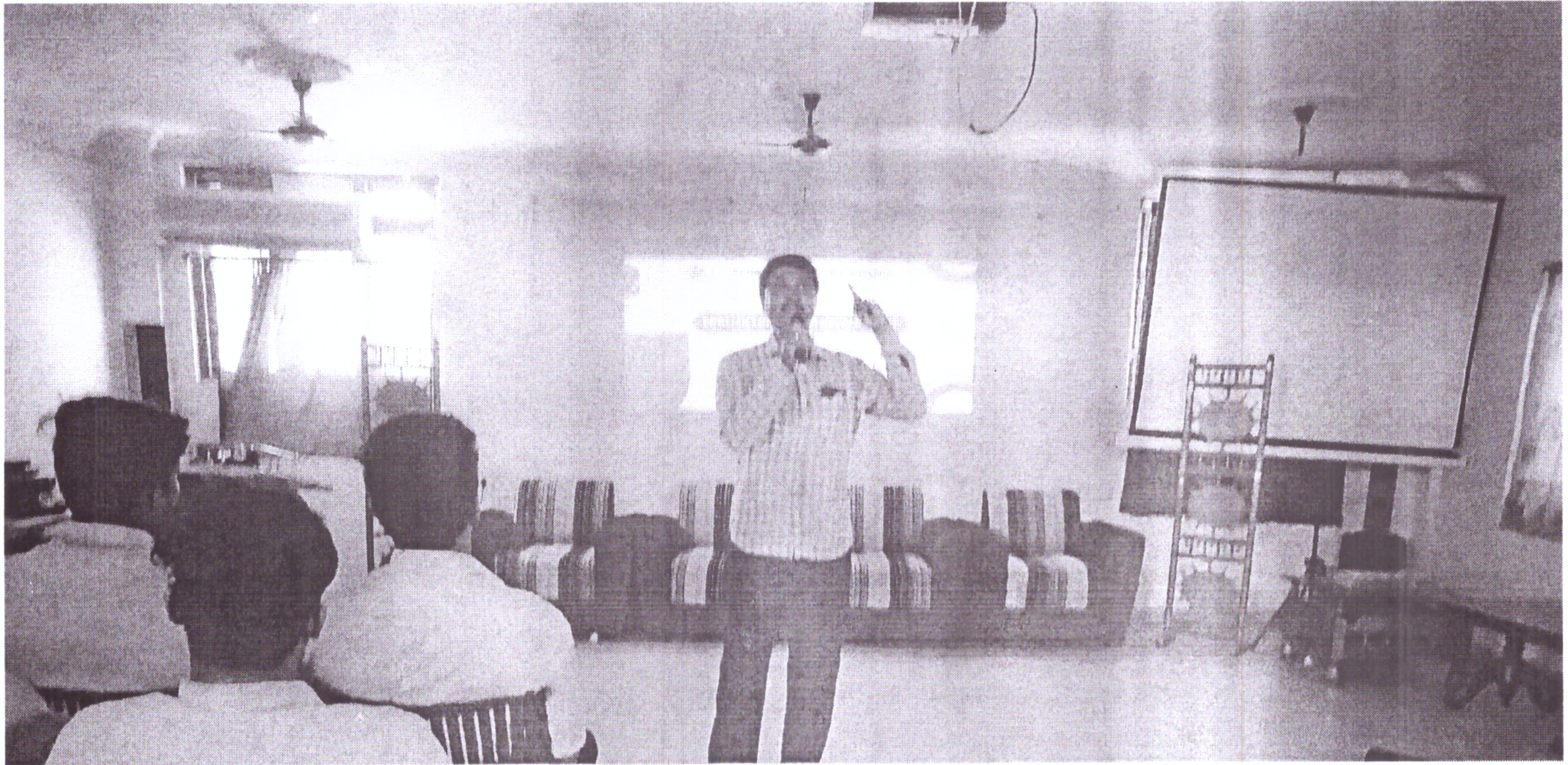
He further focussed on prerequisites that we require to enter into the job market like vocabulary, section of job that matches our profile and skills and technique of reading the job advertisement etc. He further focussed on do's & don'ts while attending the interview and basic ways of responding to interviewer's questions & tips for attending the interview. Total of 60 students actively participated in this program.

The program ended with a vote of thanks by the Program Coordinator, Principal, and Management of Ratnam Institute of Pharmacy to the resource person and the students for making this program successful.



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Soufieg
Program Coordinator



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Date: 13.11.2020

CIRCULAR

This is inform all the students and faculty members of Ratnam Institute of pharmacy has planned to organize a **“Awareness program on Health and Hygiene for Girls”** on **18.11.2020** **at our college** . Hence all the students, teaching and non teaching staff are requested to participate in this program actively. The students and faculty members are instructed to attend the session from 10.30 AM to 12.30 PM in seminar hall.

Venue: Seminar hall

Date: 18.11.2020

Time: 10.30 AM to 12.30 PM




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HOD of Pharmaceutics Dept.

HOD of Analysis Dept.

HOD of Pharmacology Dept.

HOD of pharmacy practice Dept.



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Date: 19.11.2020

PROGRAM REPORT	
Title of the Event	Awareness program on Health and Hygiene for Girls
Event start date	18.11.2020
Event end date	18.11.2020
Description	The main aim to educate the students the various nuances of health and hygiene, to raise awareness on the nutritional needs and maintain better health, to support girls and bring awareness on menstrual and gender related issues. On the occasion of Awareness program on Health and Hygiene for Girls, the students and faculty members are participated. As most of the girl students are hailing from rural background they are vulnerable to various problems such as personal health & hygiene, adolescence related problems, problems with relationships, sexuality and addictions. It organizes awareness programmes on Health, Hygiene and the girls are highly encouraged to interact with the resource persons. The outcome of this program is Minimization of the medical illnesses related to reproductive tract infections in women and girls.

Photos	
Event Pic-1	

Pidathapolur Village & Post, MuthukurMandal, SPSR Nellore District – 524346. Andhrapradesh, India

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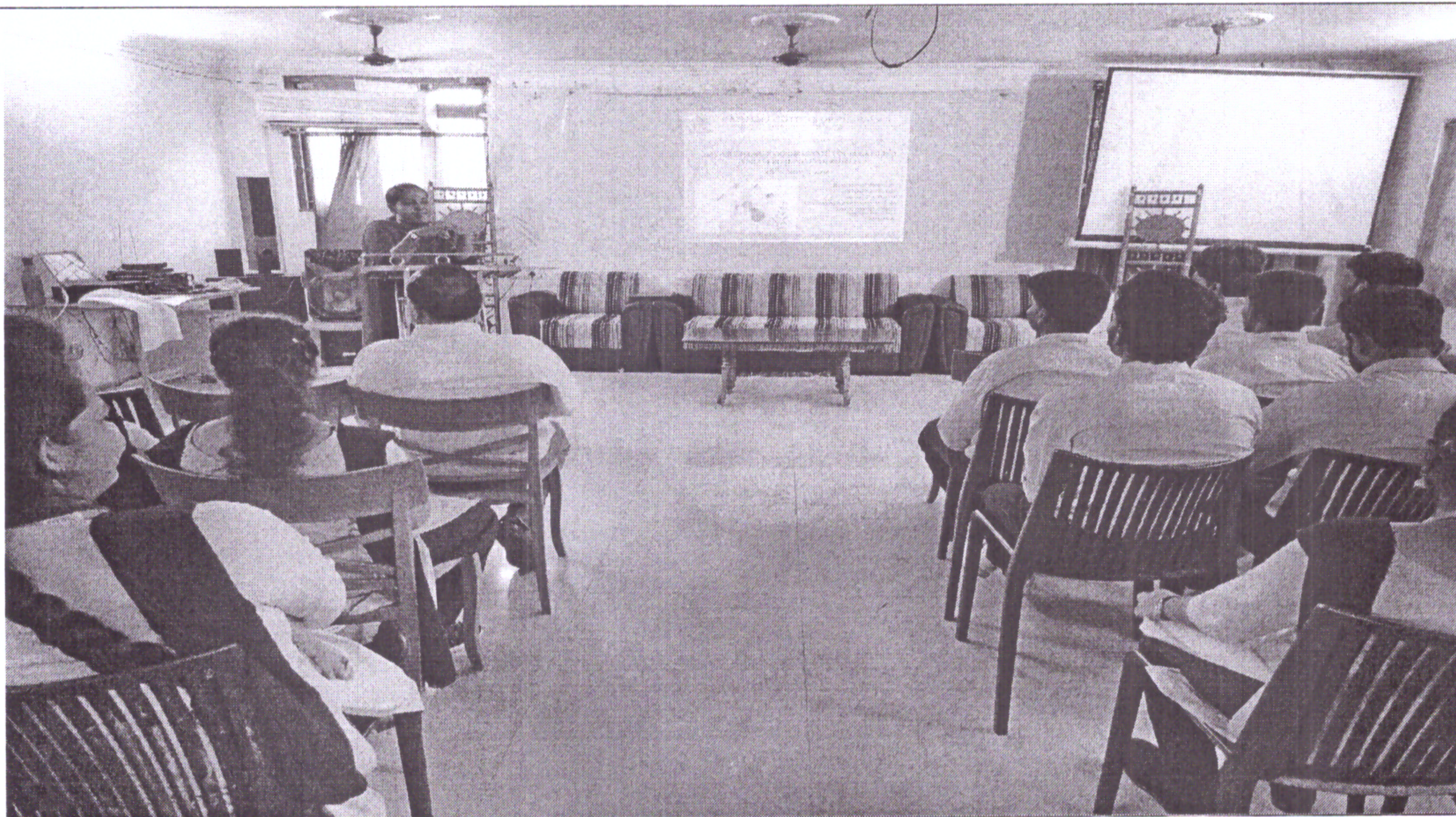
Photos

Event Pic-2



Photos

Event Pic-3



B. Agnew
Program Co-ordinator



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List of Participants

Event Name: Awareness program on Health and Hygiene for Girls

Date: 18.11.2020

Academic Year: 2020-2021

S.No	Regd. No	Name of the Student	Year & Sem	Signature
1	18DM1R0001	Amuluru swathi	III /IV B.Pharm	A. Swathi
2	18DM1R0003	Bathala Vineela sai	III /IV B.Pharm	B. Vineela Sai
3	18DM1R0005	Biradawada Rekhasree	III /IV B.Pharm	B. Rekha Sree
4	18DM1R0006	Bokkisam Ajithkumar	III /IV B.Pharm	B. Ajith Kumar
5	18DM1R0008	Chinthapudi Roja	III /IV B.Pharm	C. Roja
6	18DM1R0009	Dabbukottu Anusha	III /IV B.Pharm	D. Anusha
7	18DM1R0010	Damarapu Jyothsna	III /IV B.Pharm	D. Jyothsna
8	18DM1R0013	Devarakonda Srikanth	III /IV B.Pharm	D. Srikanth
9	18DM1R0014	E Venkata prasad naik	III /IV B.Pharm	E. Venkata Prasad Naik
10	18DM1R0015	Eega Bhargavi	III /IV B.Pharm	E. Bhargavi
11	18DM1R0016	Ega harshitha	III /IV B.Pharm	E. Harshitha
12	18DM1R0021	Eonji akhila	III /IV B.Pharm	E. Akhila
13	18DM1R0022	Eorantla Praneeth kumar reddy	III /IV B.Pharm	E. Praneeth Kumar
14	18DM1R0023	Eunduboina Sowmya	III /IV B.Pharm	E. Sowmya
15	18DM1R0031	Kapuluri Yamini yadav	III /IV B.Pharm	K. Yamini Yadav
16	18DM1R0032	Kavali Seyon	III /IV B.Pharm	K. Seyon
17	18DM1R0034	Koduru Sreemadhuri	III /IV B.Pharm	K. Sreemadhuri
18	18DM1R0035	Kollu Keerthi	III /IV B.Pharm	K. Keerthi
19	18DM1R0042	Makani Venkata Saikishore	III /IV B.Pharm	M. Saikishore
20	18DM1R0043	Manikala Pravallika	III /IV B.Pharm	M. Pravallika
21	18DM1R0044	Marella Lakshmi yoga deepika	III /IV B.Pharm	M. Lakshmi Yoga Deepika
22	18DM1R0045	Maruboina Haritha	III /IV B.Pharm	M. Haritha
23	18DM1R0046	Modiboina Gnanadeepika	III /IV B.Pharm	M. Gnanadeepika
24	18DM1R0047	Mogaligunta Navyalatha	III /IV B.Pharm	M. Navyalatha
25	18DM1R0073	Shaik Ameesha	III /IV B.Pharm	S. Ameesha
26	18DM1R0074	Shaik Arshiya	III /IV B.Pharm	S. Arshiya
27	18DM1R0075	Shaik Azmath ali	III /IV B.Pharm	S. Azmath Ali
28	18DM1R0076	Shaik Masood	III /IV B.Pharm	S. Masood
29	18DM1R0077	Shaik Mehetaj	III /IV B.Pharm	S. Mehetaj
30	18DM1R0078	Shaik Ruhin	III /IV B.Pharm	S. Ruhin
31	18DM1R0079	Shaik Shaila bhanu	III /IV B.Pharm	S. Shaila Bhanu
32	18DM1R0081	Shaik Sulthan	III /IV B.Pharm	S. Sulthan
33	18DM1R0082	Shaik Zaheer	III /IV B.Pharm	S. Zaheer

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34	18DM1R0083	Sivunigunta Muni sravani	III /IV B.Pharm	S. muni sravani
35	18DM1R0085	Thalari Vennela	III /IV B.Pharm	T. Vennela
36	18DM1R0086	Thatha Harshavardhini	III /IV B.Pharm	T. Harshavardhini
37	18DM1R0087	Theladala Manasa	III /IV B.Pharm	T. Manasa
38	18DM1R0088	Thiruvathuru Pavani	III /IV B.Pharm	T. Pavani
39	18DM1R0089	Uda Mahalakshmi	III /IV B.Pharm	U. Mahalakshmi
40	18DM1R0090	Ukkala Sahithi sri	III /IV B.Pharm	U. Sahithi Sri
41	18DM1R0091	Vatte Sakrappa	III /IV B.Pharm	V. Sakrappa
42	18DM1R0092	Veluru Sahithi	III /IV B.Pharm	V. Sahithi
43	18DM1R0093	Vintha Bhavyasree	III /IV B.Pharm	V. Bhavyasree
44	18DM1R0094	Yamjerla Namrutha	III /IV B.Pharm	Y. Namrutha
45	18DM1R0095	Yellanti Sravanthi	III /IV B.Pharm	Y. Sravanthi
46	18DM1R0096	Yeruva Mallikarjuna reddy	III /IV B.Pharm	Y. Mallikarjuna
47	19DM1T0001	Akumalla Anjana devi	II/VI Pharm.D	A. Anjana Devi
48	19DM1T0002	Bojja Pravallika	II/VI Pharm.D	B. Pravallika
49	19DM1T0003	Danyasi Laasya	II/VI Pharm.D	D. Laasya
50	19DM1T0006	Indla Vishnu priya	II/VI Pharm.D	I. Vishnu priya
51	19DM1T0008	Kadivella reddy Sai shivani	II/VI Pharm.D	K. Sai shivani
52	19DM1T0013	Modepalli Poojitha	II/VI Pharm.D	M. Poojitha
53	19DM1T0015	Oduru Geethika	II/VI Pharm.D	O. Geethika
54	19DM1T0018	Raju Divyasri	II/VI Pharm.D	R. Divyasri
55	19DM1T0019	Ramapuram Harshitha	II/VI Pharm.D	R. Harshitha
56	19DM1T0020	Rawala Ramya sai	II/VI Pharm.D	R. Ramya Sai
57	19DM1T0021	Shaik Abdulrasheed	II/VI Pharm.D	S. K. Abdulrasheed
58	19DM1T0022	Shaik Rehna	II/VI Pharm.D	S. Rehna
59	19DM1T0023	Sugali Chanti naik	II/VI Pharm.D	S. Chanti naik
60	19DM1T0024	Uppalapati Anusha	II/VI Pharm.D	U. Anusha
61	19DM1T0025	Vadde Tulasinath	II/VI Pharm.D	V. Tulasinath
62	19DM1T0026	Velampalli Jyothisree	II/VI Pharm.D	V. Jyothi sree
63	19DM1T0027	Yekollu Niharika	II/VI Pharm.D	Y. Niharika
64	17DM1T0007	Dorri Ashok kumar	IV/VI Pharm.D	D. Ashok kumar
65	17DM1T0008	Ebenezer Santhosh M	IV/VI Pharm.D	E. Santhosh
66	17DM1T0009	Galla Jahnvi	IV/VI Pharm.D	G. Jahnvi
67	17DM1T0010	Gobinath Mirunalini	IV/VI Pharm.D	G. Mirunalini
68	17DM1T0011	Gotham Susrutha	IV/VI Pharm.D	G. Susrutha
69	17DM1T0012	Hetcha Guravaiah	IV/VI Pharm.D	H. Guravaiah
70	17DM1T0013	Jammala Panchala preethi	IV/VI Pharm.D	J. Panchala preethi
71	17DM1T0016	Kariketi Manoj kumar	IV/VI Pharm.D	K. Manoj kumar
72	17DM1T0017	Kuntumalla Anusha	IV/VI Pharm.D	K. Anusha
73	17DM1T0018	Maddasani Bhanu sree	IV/VI Pharm.D	M. Bhanu sree
74	17DM1T0019	Mahammad Shanofer anjum	IV/VI Pharm.D	M. Shanofer anjum

B. Keena
Program Co-ordinator

Pidathapolur Village & Post, MuthukurMandal, SPSR Nellore District - 524346. Andhrapradesh, India

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Date: 02-12-2020

CIRCULAR

This is to inform the students of IInd year B. Pharmacy & IIIrd year Pharm D that
A Two day ICT training program on “Role of Ex-Pharma Software in Experimental Pharmacology” in Ratnam Institute of Pharmacy, Nellore. The students are requested to participate and enrol the names on or before 06/12/2020.

Venue: Seminar Hall - II

Date: 7/12/2020 & 08/12/2020

Timings: 10:00 AM to 11:00 AM

Copy to

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HOD of Pharmacology Dept.

HOD of Analysis Dept.

HOD of Pharmacy Practice Dept.



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SCHEDULE

Name of the programme: A Two day ICT training program on “Role of Ex-Pharma Software in Experimental Pharmacology”.

Date of the program: 7/12/2020 & 08/12/2020

Resource person:

Name: Dr. C. Madhavi Latha,

Designation: HOD, Department of Pharmacy Practice,

Institution Name: Swati College of Pharmacy,

Contact Number: 9052987936

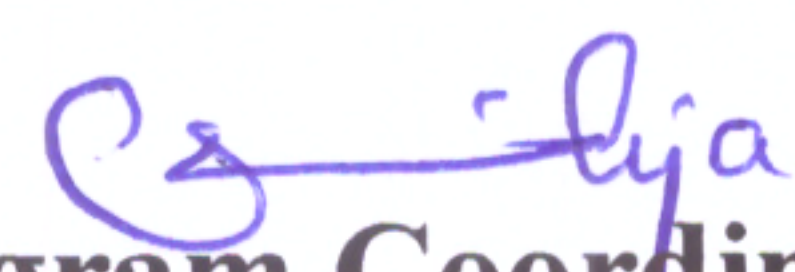
Objectives of the program:

1. To demonstrate the effect of drugs on different animal systems.
2. To study different activities of drugs in animal models.

Day wise program schedule:

Day 1: Demonstration of Ex. Pharma software, its role and importance in experimental Pharmacology.

Day 2: Hands-on operation and practice to the students on different pharmacological practical experiments in animal models.


Program Coordinator



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Name of the programme: A Two day ICT training program on “Role of Ex-Pharma Software in Experimental Pharmacology”.

Dates: 7/12/2020 & 08/12/2020

Academic Year- 2020-2021

PARTICIPANTS LIST

S. No.	Name of the student	Program	Year	Signature
1	Annevaram Munikumar	B. Pharmacy	IInd Year	Munukumar
2	Basivireddy Romitha	B. Pharmacy	IInd Year	B. Romitha
3	Bathula Srilatha	B. Pharmacy	IInd Year	B. Srilatha
4	Boganadham Deepika	B. Pharmacy	IInd Year	B. Deepika
5	Boya Nandini	B. Pharmacy	IInd Year	B. Nandini
6	Chaluvadi Kamala Kumari	B. Pharmacy	IInd Year	C. Kamalakumari
7	Chejerla Madhuri	B. Pharmacy	IInd Year	C. Madhuri
8	Chinthapudi Kavyasri	B. Pharmacy	IInd Year	Ch. Kavyasri
9	Chinthapudi Muneeswari	B. Pharmacy	IInd Year	Ch. Muneeswari
10	Chippala Purnesh	B. Pharmacy	IInd Year	Ch. Purnesh
11	Ganapa Prabhas	B. Pharmacy	IInd Year	G. Prabhas
12	Ginjala Pramod Kumar	B. Pharmacy	IInd Year	Pramod Kumar
13	Guddeti Siva Rami Reddy	B. Pharmacy	IInd Year	G. Sivaramireddy
14	Gundala Sreelekha	B. Pharmacy	IInd Year	G. Sreelekha
15	Gurunadham Vaishnavi	B. Pharmacy	IInd Year	G. Vaishnavi
16	Juvvalapalem Divija	B. Pharmacy	IInd Year	J. Divija
17	Kakani Prasanthi	B. Pharmacy	IInd Year	K. Prasanthi
18	Kandra Bhargavi	B. Pharmacy	IInd Year	K. Bhargavi
19	Karanam Sandhya Rani	B. Pharmacy	IInd Year	K. Sandhya Rani
20	Kareti Lavanya Lahari	B. Pharmacy	IInd Year	K. Lavanyalahari
21	Kodi Prudvi	B. Pharmacy	IInd Year	K. Prudvi
22	Koppolu Lakshmi Priyanka	B. Pharmacy	IInd Year	K. Priyanka
23	Korrakuti Vanditha	B. Pharmacy	IInd Year	K. Vanditha
24	Kottu Sadhana	B. Pharmacy	IInd Year	K. Sadhana
25	Kunchala Kavya	B. Pharmacy	IInd Year	K. Kavya
26	Mandla Ajitha	B. Pharmacy	IInd Year	M. Ajitha
27	Manikala Pavan Kumar	B. Pharmacy	IInd Year	M. Pavan Kumar
28	Mekala Vasantha Lakshmi	B. Pharmacy	IInd Year	M. Vasanthalakshmi
29	Nagam Sreenu	B. Pharmacy	IInd Year	N. Sreenu
30	Narasapuram Sushma	B. Pharmacy	IInd Year	N. Sushma

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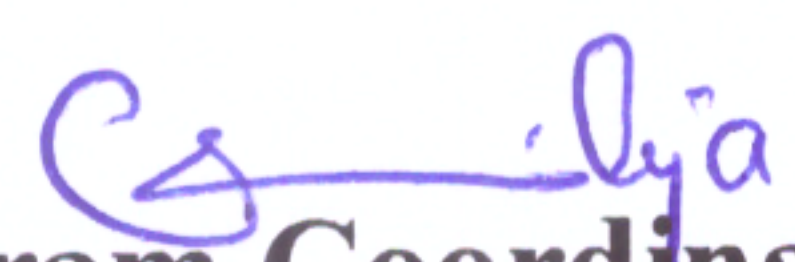
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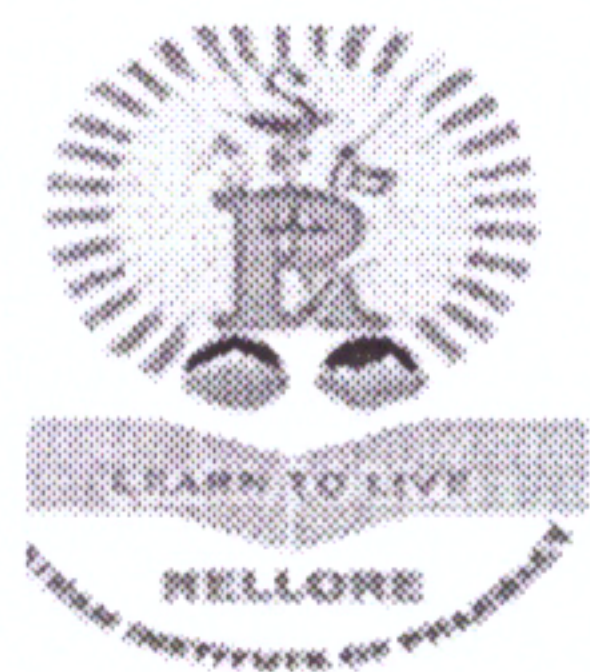


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31	Narikel Prameela	B. Pharmacy	IInd Year	N. Prameela
32	Pasala Purnimateja	B. Pharmacy	IInd Year	P. Purnimateja
33	Pathipati Bindhu Sree	B. Pharmacy	IInd Year	P. Bindhu Sree
34	Penugonda Bhavana	B. Pharmacy	IInd Year	P. Bhavana
35	Penumadhi Sreenivasulu	B. Pharmacy	IInd Year	P. Sreenivasulu
36	Peramalachetty Navya	B. Pharmacy	IInd Year	P. Navya
37	Gonugodugu Uday Kumar	Pharm D – III	IIIrd Year	G. Uday Kumar
38	Innamala Swetha	Pharm D – III	IIIrd Year	I. Swetha
39	Katiboyina Akhila	Pharm D – III	IIIrd Year	K. Akhila
40	Koppolu Gana Bhavani	Pharm D – III	IIIrd Year	K. Gana Bhavani
41	Lokku Charunya	Pharm D – III	IIIrd Year	L. Charunya
42	Machiraju Thulasi	Pharm D – III	IIIrd Year	M. Thulasi
43	Markapuram Ysaswini	Pharm D – III	IIIrd Year	M. Ysaswini
44	Marri Sharmila	Pharm D – III	IIIrd Year	M. Sharmila
45	Mohamed Harsath J	Pharm D – III	IIIrd Year	M. Harsath J
46	Palla Hari Babu	Pharm D – III	IIIrd Year	P. Hari Babu
47	Peelam Deepthi	Pharm D – III	IIIrd Year	P. Deepthi
48	R Yamuna	Pharm D – III	IIIrd Year	R. Yamuna
49	Shaik Asia Begum	Pharm D – III	IIIrd Year	Sk. Asia Begum
50	Shaik Harshiya	Pharm D – III	IIIrd Year	Sk. Harshiya
51	Tanjavuru Nanda Sreekar	Pharm D – III	IIIrd Year	T. Nanda Sreekar
52	Thatipalli Susmitha	Pharm D – III	IIIrd Year	T. Susmitha
53	Uppala Anusha	Pharm D – III	IIIrd Year	U. Anusha
54	Vetti Anu	Pharm D – III	IIIrd Year	V. Anu
55	Palla Hari Babu	Pharm D – III	IIIrd Year	P. Hari Babu


Program Coordinator



RATNAM INSTITUTE OF PHARMACY

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Name of the programme: A Two day ICT training program on “Role of Ex-Pharma Software in Experimental Pharmacology”.

Dates: 7/12/2020 & 08/12/2020

Academic Year- 2020-2021

Day Wise Attendance Sheet

Sl. No	STUDENT NAME	DATES OF THE PROGRAM	
		07/12/2020	08/12/2020
1	Annevaram Munikumar	✓	✓
2	Basivireddy Romitha	✓	✓
3	Bathula Srilatha	✓	— Ab —
4	Boganadham Deepika	✓	✓
5	Boya Nandini	✓	✓
6	Chaluvadi Kamala Kumari	✓	✓
7	Chejerla Madhuri	✓	✓
8	Chinthapudi Kavyasri	✓	✓
9	Chinthapudi Muneeswari	✓	✓
10	Chippala Purnesh	✓	✓
11	Ganapa Prabhas	✓	✓
12	Ginjala Pramod Kumar	✓	✓
13	Guddeti Siva Rami Reddy	✓	✓
14	Gundala Sreelekha	— Ab —	✓
15	Gurunadham Vaishnavi	✓	✓
16	Juvvalapalem Divija	✓	✓
17	Kakani Prasanthi	✓	✓
18	Kandra Bhargavi	✓	✓
19	Karanam Sandhya Rani	✓	✓
20	Kareti Lavanya Lahari	✓	✓
21	Kodi Prudvi	✓	— Ab —
22	Koppolu Lakshmi Priyanka	✓	✓

Pidathapolur Village & Post, Muthukur Mandal, SPSR Nellore District – 524346. Andhrapradesh, India

☎ 7569180050, ✉ principal.dm@jntua.ac.in, ratnam_pharmacy@yahoo.co.in 🌐 www.ratnampharma.edu.in



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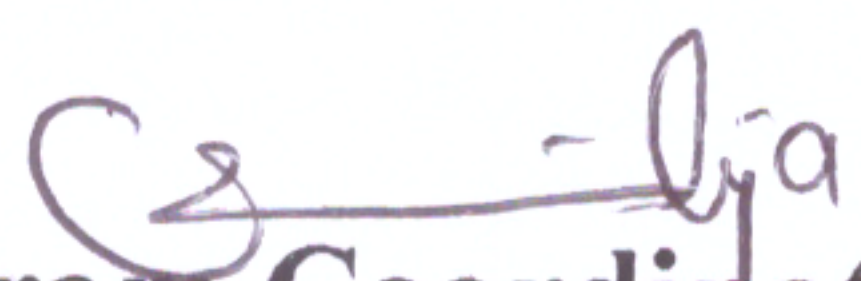
23	Korrakuti Vanditha	✓	✓
24	Kottu Sadhana	✓	✓
25	Kunchala Kavya	✓	✓
26	Mandla Ajitha	— Ab —	✓
27	Manikala Pavan Kumar	✓	✓
28	Mekala Vasantha Lakshmi	✓	✓
29	Nagam Sreenu	✓	✓
30	Narasapuram Sushma	✓	✓
31	Narike Prameela	✓	✓
32	Pasala Purnimateja	✓	— Ab —
33	Pathipati Bindhu Sree	✓	✓
34	Penugonda Bhavana	✓	✓
35	Penumadhi Sreenivasulu	✓	✓
36	Peramalachetty Navya	✓	✓
37	Gonugodugu Uday Kumar	✓	✓
38	Innamala Swetha	✓	✓
39	Katiboyina Akhila	✓	— Ab —
40	Koppolu Gana Bhavani	✓	✓
41	Lokku Charunya	✓	✓
42	Machiraju Thulasi	✓	✓
43	Markapuram Yaraswini	✓	✓
44	Marri Sharmila	✓	✓
45	Mohamed Harsath J	✓	✓
46	Palla Hari Babu	✓	✓
47	Peelam Deepthi	✓	✓
48	R Yamuna	✓	✓
49	Shaik Asia Begum	— Ab —	✓
50	Shaik Harshiya	✓	✓
51	Tanjavuru Nanda Sreekar	✓	✓



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52	Thatipalli Susmitha	✓	✓
53	Uppala Anusha	— Ab —	✓
54	Vetti Anu	✓	✓
55	Palla Hari Babu	✓	✓


Program Coordinator



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REPORT

Date: 10/12/2020

Name of the programme: A Two day ICT training program on “**Role of Ex-Pharma Software in Experimental Pharmacology**”.

Date of the program: 7/12/2020 & 08/12/2020

The Ratnam Institute of Pharmacy organized a training program in the seminar hall - II from 10:00 AM to 11:00 AM for the students of IInd year B. Pharmacy & IIIrd year Pharm D

The training program started with addressing the gathering by Program Coordinator and welcome speech by Principal, followed by introducing the resource person **Dr. C. Madhavi Latha**.

Further the session started by explaining the need of software in Experimental Pharmacology. She further explained the **Ex-Pharma Software**, which is a **Computer Assisted learning Software**, developed by “**Bureau for Health and Education Status Upliftment, New Delhi**”, containing various programs to simulate animal experiments in pharmacology. She also briefly explained the different modules in the software that can be used to demonstrate the effect of drugs on different animal systems which helps to conduct the pharmacology experiments and observe and record the results virtually. She gave a brief explanation regarding the procedure to get the credentials of Ex-Pharma software including the user id and password. After login, select the required module and study the experimental models in pharmacology. Total of 46 students actively participated in this program.

The program ended with a vote of thanks by the Program Coordinator, Principal, and Management of Ratnam Institute of Pharmacy to the resource person and the students for making this program successful.



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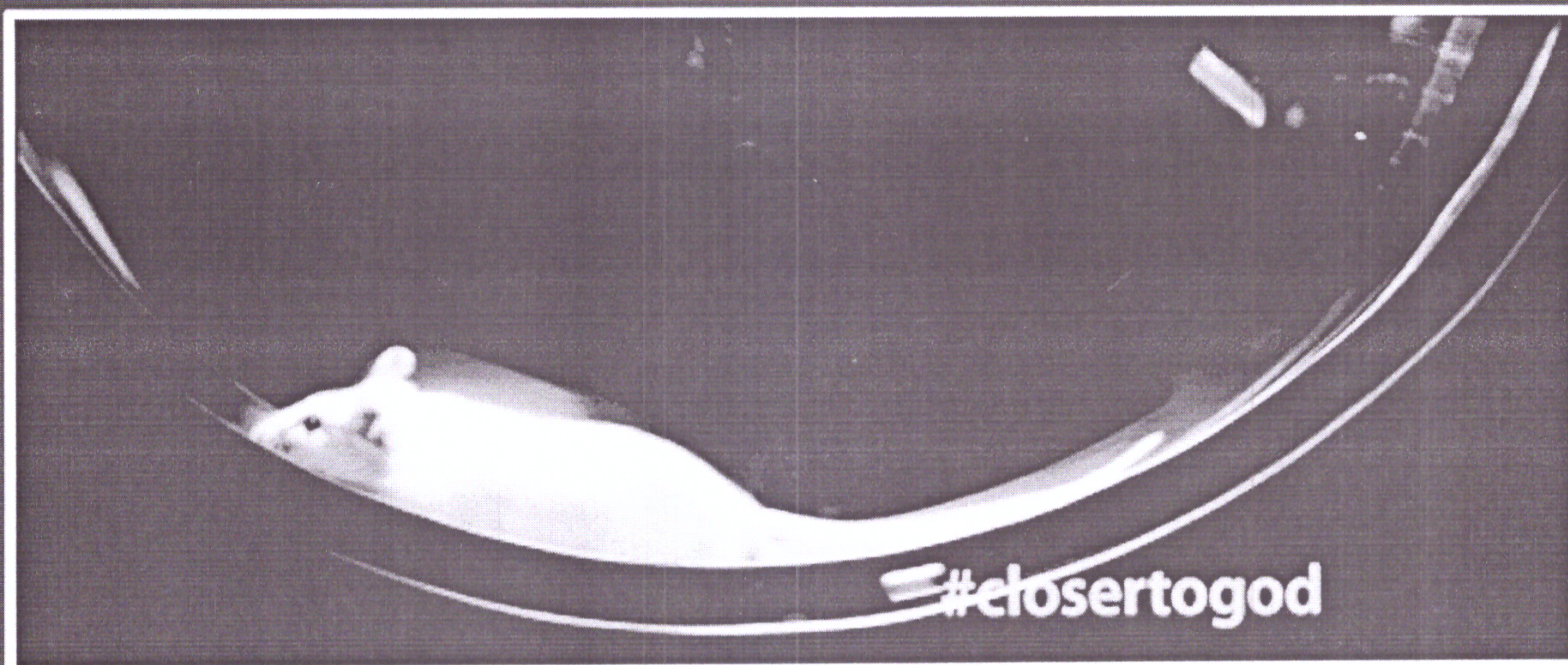


Virtual Lab Ex-Pharm Software

ripa

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If you have any problem in running the software than e-mail us your network's static ip address on serviceheb@gmail.com or call us at +91-7976447983

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Virtual Lab Ex-Pharm Series Software			Ratnam
Welcome! Ratnam Institute of Pharmacy, Pidathapolur, Nellore, Aandhra Pradesh			
Experimental Pharmacology Series			
Experiments List			
*	Study of muscle relaxant activity with the help of "Rota Rod Apparatus".		
*	Study of cns depressents & stimulants using "actophotometer".		
*	Study of analgesic activity with the help of "tail flick apparatus".		
*	Study of antihistaminic drugs with the help of histamine chamber (Mast Cell Stabilization Assay).		
*	Study of analgesic activity with the help of "hot plate apparatus".		
*	Study of drugs acting on cns using "elevated plus maze".		
*	Study of anticonvulsant activity using "electro convulsimeter".		
*	Experiment on effects of various drugs on rabbit's eye.		




Program Coordinator

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